

# **Abstrakt**

## **The title:**

The falls of senior people at home surroundings and their preventions

## **The goal:**

The goal of this theses was to finf out the degrese of seniors knowing at preventative moves which can avoid falls and through question forms to analyze how the information about danger from the falls at home surroundings influenced the seniors effort to modify their homes.

## **The mothod:**

At my thesis I used the mothod of quantity analyses. I obtained the data through questionn aires. The interviewed respondents are senior people at age of 65 and more. I interviewed 130 respondents in total and Theyk were dividend into 2 groups according to the age or purposes of this thesis. In the first group are seniors between 65 and 74 and the other group is represented by people at age 75 and more. The questionnaire contained 23 questions and was split u pinto 6 domains. The first free questions were related to personal datas and social background of seniors. Next free questions find out the fall at anamnesis and the others are directed to home safeness, foreknowledge about preventive moves and the reslting behavior of respondents in relation to Pasove increase of home safeness.

## **The results:**

The single points of the questionnaire are graphically illustrated and compared with available literature or other essays. The results confirmed that the highest risky room in the flat, concerning the fall, is the bathroom. The generalities of seniors after the experience with the fall do not make the modification in the flat relating to passive safeness of the home background. Futher from the investigation is cler the poor aktivty of health staff in the area of seniors education at the set issue.

## **The keywords:**

Seniors, fall, education, preventive more